

MADISON COUNTY PUBLIC HEALTH**NUMBER:** GNF 11
SUBJECT: Foot Care**ISSUED:** 7/6/2010
REVISED: 11/2011
REVIEWED: 1/2012**SCOPE OF PRACTICE:** All professional Staff (RN, LPN, CMA)**PURPOSE:** To provide foot care for homebound individuals, and to independent clients wishing services.**POLICY:** Madison County Public Health Nurses will provide professionally skilled nursing service to those individuals who are homebound, have failing vision or decreased joint mobility and are in need of toenail trim for a recommended fee and is under physician's order.

The recommended fee will be set annually by the administration, by a per visit rate.

PROCEDURE: Prior to home visit, obtain physician's order for services and have the client soak feet in warm, soapy water for 15-25 minutes to soften nails.

Prior to service being given, client will be given instruction on Patient Rights, Advance Directives for Medical Care, and the Consent for Service/Release of Information form signed.

A member of the family should be encouraged and taught to do foot care if possible.

Pertinent health information including a set of initial vital signs will be obtained from the client and documented as a health promotion visit.

Nails will be trimmed straight across, taking care to not leave sharp corners. Edges of the nails will be smoothed with an emery board. Apply lotion to feet if client unable to do so. Instruct the client on general foot care, signs/symptoms of problems to report to doctor, and referral to appropriate community resources if needed.

Documentation with nursing diagnosis, goals, narrative, and discharge summary will be completed. A receipt will be given to the client in the home for the fee.

Open Caseload Client:

Nurse will obtain a verbal order from the physician to provide foot care and trim nails. The nurse will then follow the above procedure. No fee will be charged or collected.

Clinic Setting:

A clinic based setting will be offered 2 times per month, at two different locations, for all ambulatory clients, wishing the service. Services will be provided by professional public Health staff (RN, LPN, CMA).

All clients will have feet soaked X 15 minutes.

Nurse will follow above procedure, except no doctor orders are needed.

**RELATED
POLICIES/**

PROCEDURES: Verbal Orders
Documentation
One Time Visit

Reference: